

Abhay Yuwa Kalyan Kendras
अभय युवा कल्याण केंद्र संघलित,
ARTS MAHILA MAHAVIDYALAYA, DHULE (M.S)

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जा.क्र.अयुक्के/महिला महा./ / 20

दिनांक:- / /20

2016-17

Best Practices First

1. Title: Yuvati Sabha. Seven Days Judo Karate and Taekwondo training Programme

2. Goal: - To provide girl students a platform to develop the self defense skills and make them self-reliant persons.

3. Context: Yuvati Sabha contributes in empowering girl students and make them capable to participate in the national mission of women empowerment. Every year college organizes the training programme of 7 days. In this academic year the programme was organized during 24 Jan to 31 Jan 2017 in which total 55 students get benefited. The training was conducted by the expert Mr. Hamant Kulkarni and his team.

4. Practice:

- To make girl students adopt several skills and get wider scope to develop personality. • The training makes the student to face the critical situations if they get acquainted with. It makes them independent.
- The training helps to change the stereotype condition of the women and make them strong enough to be a confident personality.

5. Evidence of Success:

- The students get selected for the inter university tournaments of Taekwondo.
- The girl students get train in defensive skill
- It develops the personality of the students in their day today life.
- It increases cardio vascular fitness.
- It increases focus and concentration.

6. Problems encountered and resources required. As it is a Girl's college, they are not ready easily to join this programme due to fear because many people think that learning Martial Arts promotes violence. The training requires quality mats for doing the practices easily.

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Best Practice-Second

1. Title - To Motivate women/girls for higher education.

2. Goal - To provide the equal right to the girl student make them above for self dependence.

3. Context - Our College is a single women college in the city affiliated to North Maharashtra Uni. Jalgaon. As ours is a women college the girls from the nearby villages prefer to take admission in our college due to secure atmosphere of the college. The college allows them to take admission with minimum fees. The flexible mode of fees for the economical poor students is convenient way makes them to be part of expected educational flow. Sport, N.S.S. DSW develop their all rounded personalities. Our faculties personally look their needs help them to select the special subjects. Even our student feels free to communicate with the non teaching staff.

4. Practice - The flexible mode to fees structure is convenient to the below poverty line students. Our faculties help the poor students for the exam fees. The syllabus is completed within allotted time. Our library has needed text books reference books.

5. Evidence of Success:

- College has taken up a responsibility of imparting quality education to students belonging to backward and rural area and farming communities of the region.
- Due to facilities provide in college most of our student intake are form backward and economically weaker section of the society.
- We provide various scholarships and free ships to students easily under the government schemes.

6. Problem Resources Required –

- There is a need to motivate more students from rural areas to pursue higher education.
- After marriage, girl students face difficulties in higher education due to domestic responsibilities
- To convince the students who passed HSC about importance of Arts stream as the students have deeper interest in professional courses to organize more lectures for the development of woman students. Knowing the above problems the college tried to solve as much as possible.



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